



CENTRAL DAKOTA VILLAGE

Sisters of Mary of the Presentation Health System

January – February - March 2006

Central Rock Review
Rocky Zastoupil, CEO

Happy New Year! The Lord has blessed us with a 'new life'. With the birth of our Lord and Savior Jesus Christ, we receive the new promise of our King. I trust you were all blessed with a Merry Christmas.

As the New Year begins one cannot help but ponder what the future will present to us. I do know that with the good Lord's guidance we will become more Christ like; and that brings peace to all in need. At Central Dakota Village we will begin the process of allowing our residents to 'sleep in' and eat a later breakfast if they so choose. This process will require patience on both sides, as many different disciplines will likely be affected. We hope to have this program up and running sometime this year.

This past year brought a few changes and I would like to take a moment to reflect on them. The renovation and new additions brought smiles to all concerned this past year. Central Dakota Village was fortunate to also be able to replace all of our residents' bedspreads. New therapy equipment was provided to us through Rehab Care our contracted therapy service. Our own Chaplain came on board and added many blessings. Central Dakota Village has been blessed this past year and for that we are truly thankful!

During this time of year we begin to think of spring with its warmth, sunshine and renewed growth both spiritually and literally. Remember – beneath the bitter snow lies the seed that will become the rose.

God's Blessings



CDV Staff Spotlight



Trish Baldwin

Trish was born on a cold January day, in Minot ND. She is a middle child with two sisters and one brother. Trish went to school in Minot, where she graduated. Then she ventured to Wahpeton ND to go to college and she graduated in 1999. While in Wahpeton Trish accidentally met her husband online. They dated for 1 year and then got married. That is how Trish started her adventure out in New York. She decided to go to college there and that is where she received her degree in being a Licensed Social Worker. Trish also has twin girls Ashley and Stefanie and they are 16 years old. Trish enjoys spending time with her family and watching movies. Trish joined us at CDV on November 21, 2005 and we are glad that she's joined our team.

CDV Resident Spotlight



Carrie Sad

Carrie was born at Lisbon ND on August 28, 1922. When she was 4 years old, her folks moved to a farm by Wimbledon ND. She went to a country school there. Carrie had 6 children and has many grandchildren and great grandchildren. Carrie has worked various jobs in Jamestown, including 17 years at the State Hospital. She enjoys bingo, cards, visiting, and crochet.



Greetings from the fundraising committee! We hope this month finds you well and rested from the hustle and bustle of the holiday season. We have been very busy organizing monthly fundraisers beginning with our Dollar Dessert Day earning us \$276.25. Other fundraisers have included private donations, donations from the Jewels of the Prairie, selling cookies and hot cocoa at the Festival of Lights parade, and our annual Christmas bake sale leaving us a balance of \$1,082.75

Any contributions are greatly appreciated and will be recognized. Every dollar brings us closer to the \$10,000 goal. If you would like to send a donation it may be addressed to:

**Central Dakota Village Fundraising
% Christine Randall
501 19th St NE
Jamestown ND 58401**

Make checks payable to Central Dakota Village



Volunteer Update

The Central Park Café continues to do well. The volunteers have made some more purchases for our residents. They purchased large print bingo cards and three new large round tables. They have also been helping out the activity department with the bus fundraisers by buying the supplies for our bake sales. They also donated \$1000 to the activity bus fund. A big Thank You goes out to all of our volunteers and all they do for our residents.

CENTRAL PARK CAFÉ



The Central Park Café is open for business Monday through Friday from 10 a.m. – 4 p.m. There is also a need for volunteers to help staff the Café. If interested in volunteering please contact Peggy Widmer at 252-5660.

CHURCH SCHEDULE



Sunday – Chapel 2:30 p.m.
Monday – Rosary 10:30 a.m.
Wednesday – Mass 10:00 a.m. Chapel 2:30

REGULARLY SCHEDULED ACTIVITIES



Monday – Bingo 2 p.m.
Tuesday – Reading Group 11 a.m.
Thursday – Bingo 2 p.m. (except the 3rd Thursday)
3rd Thursday - Monthly Birthday Party – 2:30 p.m.
Monday – Sunday – Social Hour 3 p.m.

Thank You's We've Received

Thank you so much for the card you all signed, the Bible and the memory rose. But mostly thank you for making Grandma happy. She was very happy at Central Dakota Village, and commented often about how nice people were, and how she felt that she was well cared for.

Mabel Dohman family

Thank you to all staff for the grand job you all did while Rudy was a resident there. You had to do more than your share taking care of him. You all had so much patience with him. It was greatly appreciated by us. Thank you so much Chaplin Virginia for many prayers and the comforting words. We shall never forget your kindness.

Rudy Hoffman family

Thank you for the beautiful Bible and also for your presence and kind words of comfort.

Gladys Morlock family

My mother was Yvonne Hansen. I want to thank all the staff on A neighborhood for the care they provided during my mother's stay at Central Dakota. The staff was wonderful to her even during very difficult times. I appreciated the consistent updates on her condition. I knew I could trust them to let me know her condition during the time before she expired so my brother and I could be there. Everyone was very kind and caring.

I chose Central Dakota for her because she liked it the best. She had been in both facilities after surgery in the past three years. I tried to thank all the staff when I picked up her personal items but I know that I missed some. Please extend my thanks to all of them.

Joanne Hansen

Thank you for your compassion and love in caring for our mother. You treated her with respect and dignity. Words seem so inadequate to convey our gratitude for your endless acts of love and encouragement. We will always remember you. The rose and Bible were lovely and meant so much during this time of loss.

Helen Niemeyer family

I just wanted to thank all of you who showed so much love and kindness to Reuben during his last few days with us. I saw your tears during our vigil with Reuben and how much you cared not only for him but for my mom too. To those of you who came by and offered a much-needed hug to my mom and me, my question is "how did you know they were needed?" What a gift. Again my thanks.

Reuben Schmidt family

Central Dakota Village

501 19th Street NE

Jamestown ND 58401

(701) 252-5660

web page: <http://www.smphs.org/centraldakotavillage/>

Rocky Zastoupil – CEO

Sue Johnson RN – Nursing Services Administrator

Dr. Dale Ernster – Medical Director

Debra Steckler – CFO

Marilyn Lobsinger RN – Wellness/Rehab & Admissions Coordinator

Jeannie Schmidt – Human Resource Manager

Jane Christensen – Housekeeping & Laundry Coordinator

Bob Koller – Maintenance

Candi Otto – Dietary Supervisor

Peggy Widmer – Activities Director/Volunteer Coordinator

Mark Boatman - Newsletter Editor

Sisters of Mary of the Presentation Long Term Care

A Care Philosophy of RESPECT

We are the people of Catholic Healthcare, fostering deep respect for the uniqueness of each person.

We believe that aging is a lifelong process.

Relationships

Are purposely developed and nurtured among residents, families, staff, and community. Consistent care for a designated group of individuals enhances the personalization and continuity of care. This builds trust and meaningful relationships throughout the team.

Environment

Is homelike and hospitable. Our facility is home for most residents. In the spirit of hospitality, we provide a homelike environment that enhances socialization, independence, and dignity. Environmental adaptations, programming and educational efforts contribute to a homelike atmosphere.

Stewardship

Stewardship of our resources is using responsibly all that we have been given. Human, fiscal and material stewardship is the foundation of our mission. We value these God given gifts. We seek to develop and utilize them for the benefit of the whole community.

People Directed

Maximizing choices enables people to have control of their lives and is essential to maintain human dignity. Residents are the key decision makers of their care with staff assisting them to carry out their wishes. We focus on rights and responsibilities rather than on rules and schedules. Flexibility is necessary so care can be truly individualized.

Ethical

We are guided by the Ethical & Religious Directive for Catholic Healthcare in all our decision-making. We act on behalf of justice for all, especially for the most vulnerable in society.

Compassionate Care

Each person's life is of utmost value and deserves respect and care at all stages of life. Individuals vary in their response to aging and to chronic health conditions. We focus on health and wellness while assisting in areas where support and healing are needed. We attend to the whole person emotionally, spiritually, socially, and physically. Interventions will promote growth and independence and maximize each individual's potential.

Teamwork and Dedication

All team members are individually responsible and accountable to promote an atmosphere of service and open communication between residents, family and staff. We commit ourselves to the common good by serving with joy and integrity. Moral commitment to truth, responsibility, purpose, trust and professionalism guides us in our daily mission.